Providing care and support to needy hildren and their families since 2003

# Beautiful Kidz NAMIBIA

ALL MUNIEIA

REPORT 2021

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Our vision has always been to not only impact the children's lives during their preschool years, but to journey with the children through their school years and to have a long-term impact on their lives that will help them to excel in life.

Now, looking back over the past nineteen years since we started the work of Beautiful Kidz, we see how the lives of some of the children whom we journeyed with have turned out. They came to the preschool when they were three years old and later joined the Kids and Youth programmes. At the same time, we want to acknowledge other partners like Community Hope School and Youth With A Mission (YWAM), who also helped to build good values into the children's lives. Recently, we heard the following testimonies from two of the many children we have journeyed with over the past nineteen years.

#### Whitney



"I was born and raised in Windhoek. Both my parents passed away when I was about a year old, and my aunt raised my sisters and me. When I was four years old, I was enrolled in the Beautiful Gate Preschool, now known as Beautiful Kidz (BKZ). I am honoured to say that I am one of the first products of BKZ. Being part of BKZ's preschool and other programmes had a great impact in my life and my perspective on life (my worldview). I believe that I am a dignified, loved, precious young lady who knows that her identity is only found in Jesus Christ. For this reason and many more, I am grateful that BKZ is in my community, to help and cater for those who are needy. Now, by God's grace, I can be a vessel in helping to point the kids and the youth in the right direction, by providing them with the same opportunity that I was given. I know that we can never change anyone, but I am certain that we can sow a seed and be the role models where we want to see change."

#### Ronald

ster from the Pire

"When I am asked to give my testimony, I always start my life story with where I was born, in a very poor community in Katutura. Then, two South African YWAMers heard from the Lord to come into my neighbourhood and start a ministry, reaching out



to the children in my community. Opposite my house, was a building that was in a mess and what happened in that building destroyed many families' lives. They turned that building into a place that became "home" to me. Beautiful Kidz had a major impact in my life and because of the hope they gave me in Jesus and their obedience, together with many teams and volunteers, I am in Missions today!"

Listening to stories like this, makes it all very worthwhile through all the trying times and the good times.

#### ονιτοτο

Beautiful Kidz NAMIBIA

#### Preschool

#### **Celebrating Independence Day**

Independence Day (March 21st) is a joyous and colourful day for the people of Namibia. At the preschool, the parents from different

#### tribal

groups, dressed

their children in their different colourful dresses and the boys in their traditional outfits. All the different Ovitoto tribes were represented, even those from the San tribe with their interesting outfits made of animal skins. Sarah invited the Chief and the Regional Councilor to attend the celebrations. They were so proud to see the children with their colourful outfits and Namibian flags,

#### Soup Kitchen

Every Saturday, Rosa, Fabiana and some of the staff take the big three-legged pot to cook soup for some eighty, hungry children. They come with their containers and once they received their portions, they go back to their families.

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celebrating their independence! The lockdown this year was longer than anticipated. The preschool had to close earlier and for a longer time than usual. The teachers came up with innovative ways to help the children to not forget their work. "We put together homework packages every week and asked the parents to pick up and drop off completed work at the Centre. While the schools were closed during June and July, we also gave food parcels to the children's families. When the schools eventually opened in August, we were able to get back to our normal routine and to feed the children a nutritious meal again twice a day." The parents and caregivers were relieved that the schools had reopened because the children could return to our preschool and to school hostels. This helped to take the pressure off from having to provide food for all the children at home.



Community work

The past months have been challenging for all the different departments of our work. During the lockdown period, we saw a growing need for food, as families were stuck with children who had returned home from school hostels. This increased the pressure of providing food for the children of needy homes in the community. We decided to also give food packages to the families of our preschool children.

AL.

## Young mothers

Due to positive COVID infections of some of the ladies (or people in their households), we could not meet in groups. We decided to stay in touch with the ladies through cellphone calls. In the time between April and August, thirty-six babies were born from the two groups. We often visited the

local clinic to see the mothers from our groups with their newborn babies. During the second half of the year we were able to meet again and continue with the normal Young Mothers programme for the ladies.

# Garden Project

The Garden Project was a success this last season and we harvested a good crop. This allowed us to add vegetables to the food packages we distributed to the various needy households. We harvested green beans, carrots, onions, tomatoes and spinach. We are now also able to add spinach and cabbage to the meals of the preschool children. This makes their food even more nutritious and helps us to cut costs when buying vegetables.

We hope to receive early rains, as we have plans to extend the garden. Without rain, we will not be able to water the vegetables. We also plan to install gutters on our roofs and to buy water tanks. Then we can catch rainwater and use it for the garden.

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# Beautiful Homes

Beautiful Kidz NAMIBIA

Our vision and mission for this project is to develop a curriculum and offer training courses about raising children (parenting). We want to influence members in different communities around us, with the aim that they will be equipped to train others. As part of putting into practice what was taught, the group had a Parent and Child fun day at the Centre. Parents had to come with their children, dressed in the same colour. On the day we organised fun activities, such as painting, card games, puzzles etc. The parents shared short testimonies of what they had learnt from their parent group training.

N. G. - "I really enjoyed the Beautiful Homes group. It taught me how to relate to my child in a loving way. It also taught me how to control my temper if I get tempted to get angry. The most beautiful part is, I now know how to pray and read my Bible with understanding and I enjoy reading my Bible and spending time in prayer. God bless our teachers of Beautiful Homes."

J. S. - "I learned something very important in the classes. I never knew about grieving. I learned that there are things that trigger grief and how I can overcome grief. I also learned how to treat my children equally, even though its hard at times. I learned how to teach my children that every action has a consequence. The Bible studies were very encouraging"

# HIV/AIDS Group (Kariritjire Group)

Due to COVID-19, it was often too risky healthwise to have meetings with this group. We made it a priority to stay in touch with them via cellphone calls. We felt strongly that in making regular contact with them, we could show our support for them. During the second half of the year, we were able to continue with our training. Here are some of the topics we covered:

off with checking everyone's clinic cards to see if they went to get their medication and for their checkups. This creates accountability and transparency in taking medication. Healthy eating - we focused on what types of foods help strengthen the immune system and how to create an affordable balanced diet

for a person living with HIV. **Community's perspective** of HIV - we looked at various

rejection.

- God's view and love for HIV Positive people we discussed the intrinsic love God has for every person regardless of their status. This love does not change just because a person is HIV positive.
- Repentance, baptism and loving our neighbours - we challenged the group with various spiritual questions, such as: Where do I stand with God as HIV positive person? Can I be born again and have a relationship with God?
- Alcohol and HIV we discussed how alcohol affects the immune system and how someone who struggles with drinking alcohol can stop.



U. M. - "The group taught me how to have hope and how to live a positive, yet productive life. I really struggled with taking my tablets and came up with many excuses, but then the Beautiful Kidz staff talked to me and also gave me food packages to encourage me to eat healthy and drink my tablets on time."

behaviour when they experienced stigma and

G. K. - "The thing that touched me, was learning that God loves me even though I am HIV positive. This is the reason I am very interested in becoming born again. I learnt the importance of drinking my tablets on time, going for the follow ups and to stop drinking alcohol."

OV REPORT



# Chicken Project

A generous person from The Netherlands asked if she could donate a goat to a needy family. After talking to the community in Ovitoto, we came to the conclusion that donating chickens would be better. Chickens are easier to maintain and can provide a lot of eggs. What started as a spontaneous idea, has now turned into a project. Through sponsors we received money to buy chickens and to build chicken coops.

We work in 2 phases:

- Phase 1: a family receives 2 or 3 chickens and we monitor weekly how they take care of them. If they take good care of their chickens, they go to phase 2.
- **Phase 2:** they get a few more hens and a rooster (10 in total). Where possible, we also provide a chicken coop.

<image>

The aim is that the chickens provide eggs for the families for their own consumption. Now and then they can slaughter an old chicken, if there are new chicks. If the production is more than the family can consume, they can start selling

#### eggs to make a

business out of it. So far, we were

able to hand out over 100 chickens to 40 families and currently we are building ten chicken coops. It is wonderful to see families embraing the project and taking good care of their chickens. We are looking forward to seeing the positive impact of this community project.



As much as the year had its hardships and struggles, we can say that as an organisation we experienced the hand of God time and again. This year Rosa, our community worker, was re-elected by the Regional Council to serve on the Community Development Committee for another two years. Magdalena was elected as a chairperson for the Woman's Affairs of the Constituency's Woman's Council. Our preschool principal was elected as a committee member for the Adult Literacy Committee.

We believe that these elections and appointments will not only benefit these committees/councils, but it will also help Beautiful Kidz Ovitoto with networking in the Region.

#### KATUTURA

## Preschool & Daycare

The teachers at the Katutura Centre implemented a new curriculum which is a more child-centered approach of learning. They also introduced some new programmes for the preschool to enlarge the children's academic mindsets: a music class, a dance class and an entrepreneurship class.

To make the best out of the school break (due to lockdown), the staff undertook different things. One of which was training for the teachers. Different subjects were taught, like being a role model, communication, and the brain of a child. The staff worked on upgrading the Centre by painting the classrooms, dining area and picnic tables. Everything looks bright and fresh again! The painting has been a simple way of providing a beautiful learning environment for the children.

The school year was closed off with a graduation ceremony, followed by a Fun Day. On the last day, there was a jumping castle, face painting, nail polish for the girls, hair paint for the boys, making cards and storytelling. All the children also received a Christmas shoe box filled with goodies. The boxes were provided by Stadtmission Church Windhoek. It was a beautiful day for our Beautiful Kidz!

We asked the Stadtmission staff, who so faithfully give every year, to tell us what it means to them to give these Christmas gifts to the children. Here are three testimonies:



Esther:

"It is special for me

to show them that we care about them. At school we read about what Jesus said about loving each other and not to just loving those around you every day, so we could show love to other children.

We also do it because we hope that one day, they will do the same for other people in need. We need to care about others just like Jesus cares about us."

Benji: "I love going because it is an opportunity to make children happy and joyful. It is a very good experience to love and care for people you don't know and most of all to be kind and share. We learnt to not think only about ourselves and take time off to do what Christ would do, and to be thankful for what we have."

Hannah: "I love going to you (Beautiful Kidz) because it reminds me of how grateful I am. It makes me feel happy to give you presents. I was amazed at your great manners, saying thank you and behaving so orderly. I would love to come back next year with even more presents, because Joyful Learning loves you."

KAT UTU 2021

## Teacher Training

After having to postpone this programme, due to COVID-19 lockdowns, we could finally start in mid-October. The Teacher Training is a six-week programme for adults from our community. Twenty-four enthusiastic women from Katutura participated in this programme. Some of them came 'just' as a mother, others because they aim to get a job at a daycare or preschool.

BeautifulKidz NAMIBIA

there is a lot of music to be heard at our Centre!

"Artsplash" is another new programme, which has to do with learning and developing four different disciplines

> of the Arts: dancing, singing, writing (poetry) and drama. Every week the youth receive "homework" to challenge themselves in these different disciplines. All these different Creative Arts programmes are for the children and youth to grow and develop their talents. It also gives us, as staff, a great opportunity to build relationships with them.

After a year of lessons in different disciplines, we had a showcase event on

a Saturday afternoon at our Katutura Community Centre. Many students were able to show their skills in recorder, piano, guitar, singing, painting, poetry and dance. We are happy that we can work on this together with Youth Orchestras of Namibia. There were many proud family and friends at the event who enjoyed all the art expressions.



We started a new department which encompasses the different disciplines of the Arts. Our vision is to see our youth equipped with tools for them to be able to make a change in their community. It is scientifically proven that the Creative Arts help to develop the brain. This is just one of the many benefits of the Creative Arts.

For the younger children we offer flute and violin lessons, in co-operation with Youth Orchestras Namibia (YONA). For the youth, we started guitar and piano lessons. On an almost daily basis,

## Creative Arts

As we were doing the house visits, we received positive feedback and testimonies. One older sister said: "We are incredibly grateful that you work with kids and for the programmes you have. It keeps the kids off the streets and I can see how my brother is developing. He challenges our faith at home and we can see that he wants to do what's right."

During most of the 2nd school term, we unfortunately couldn't run our programmes as usual due

to COVID-19 regulations. We then decided to do Bible studies with eight youth and two staff, twice a day (regulations allowed gatherings of 10 people). Here are some testimonies from some of the youth who attended our Bible studies:

"Youth Club has contributed so much to my life/ growth and way of viewing life. It has made me search for more (a whole guide)."

"Youth Club and the Beautiful Kidz Centre has given me a sense of belonging. I feel loved when I come to the Centre, knowing that I have people to talk to. People that care, makes me very grateful and gives me a reason to hope."

"Attending the Bible studies made certain things clear; that God works for our good in all circumstances, He is always one step ahead of us and He wants to be reminded of the promises He made."

KAT UTU 2021

## Youth and Kids Club

This year started with a lot of new ideas and a new programme. We thought of how we could build relationships with the youth and their families, as well as how we can walk a personal journey with the children. We decided to do house visits and connect with the parents of the youth and kids on a weekly basis. Visiting the families helped us to find out where they come from and how we can support them. These visitations opened our eyes again to see the poverty in which all our children and youth are growing up: the houses are leaking (we had some heavy rains); shortages of food in almost all the households; no money for school stationery. These visitations impressed on us again the importance of having a safe and nurturing learning environment at the Beautiful Kidz Centre.



#### Homework Classes

We currently have 60 children attending the homework classes, divided into five classrooms according to their academic levels. Though the demand is high and we have a long waiting list, we are only able to handle 60 children at a time. The children are far behind with their schoolwork and the classes aim to close the gaps. We administer tests to those who apply, so that we can identify the children who need English and Mathematics lessons the most.

To give more attention to the children and to create a flexible working environment, we hired four assistant teachers. They are all students who are excited about helping the children with their homework and teaching them English and Mathematics. We continuously strive for a better education. We also work on improving the lesson programmes. We see that many children are behind for their age/grade, so there is a great need for extra schooling and homework assistance.

shop a fresh look, to serve our customers better.

Every year we make Christmas Gifts for a company in the Netherlands. This year we are making storage bags, which can be used for multiple purposes. We made use of African print material to give it a unique look. In the meantime, we

are preparing ourselves for the

You deserve to look gooc Try out our school uniforms.

busiest month of the year – January – the time that everyone needs a new school uniform.

Beautiful Kidz

#### Anusa

In February, we had the wonderful opportunity to hand out 475 donated school uniforms at 12 different schools in Katutura. The Capricorn Group (a Namibian Investment Cooperation) sponsored all the uniforms to help needy children. What a blessing it is to see learners who were wearing old uniforms transformed into "beautiful kids" with a brand-new school uniform! From our side, we also gave all the 475 learners a washable facemask.

During the year we have been busy producing different items such as school uniforms, blankets, washable sanitary pads and washable facemasks. During lockdown, we didn't have to close our

> workplace, but the lockdown did affect our sales, particularly in school uniforms. This made 2021 another challenging year, but we kept on pushing forward. We were able to run a blanket campaign, through which we handed out over 140 fleece blankets to needy families in Katutura and Ovitoto. We are thankful to all the sponsors who took part in this campaign. We have also given our sales

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KATUTURA

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## Beautiful Homes

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Our vision and mission for this project is to develop a curriculum and offer training courses about raising children (parenting). We want to positively influence members in different communities around us, with the aim that they will be equipped to train others. We will also start up community support groups to create greater awareness in the community as a whole and therefore have a greater impact.

We have a professional psychologist and parenting guide who gives workshops every month. In the first workshop, he spoke about what it means to love our children. We all say we love our children, but the big question is if we also act like that. It was interesting to observe many parents coming to the realisation that their behaviour towards their children is not always as loving as they thought it to be.

During the lockdown period, we helped the parents through a healing process, as it's difficult to parent well when you are a "broken" person. Just a few weeks ago we asked parents to look into a mirror and describe what they see. This was a very emotional moment as many parents described that they don't like what they see. There was much disappointment in themselves and many unhealed wounds of what others have done to them. It is our hope to uncover these thoughts and wounds so we can guide our parents on a road of healing.

The most recent workshop was on



#### emotional

debt. The parents

learned about how we allow the past to steal from the future and how we can stop that from happening. Some parents are still in the process of overcoming their burdens. Many say they feel relieved by the steps we have made together. We are grateful that we can walk this journey with them and they are very excited about the process.

When we look back on this year, walking the journey with 50 families, we realised that all the parents needed inner healing. The experiences they went through growing up disabled them from having healthy relationships with their own children. The daily reality is that there is a lot of physical abuse because of parents trying to "discipline" their children.

We received wonderful testimonies from the children of these parents. One of these testimonies is from a 16-year-old girl who has always been part of our youth programme. She lost her parents at a young age and therefore she felt she never really belonged anywhere. She lives with a family that did not fully accept her.

The aunt whom she lives with is part of the Beautiful Homes programme. This teenage girl shared with us that recently her aunt has been putting in real effort to build a real relationship with her. This means a lot to her. This is one of the testimonies that make this programme so important, because in the end we give parenting courses for the benefit of the children. One of the participants even started her own parenting group at home, which is something that we will encourage all of them to do next year.

## Choir

We are proud of our choir, Vocal Reflections. They receive frequent requests to perform at shows and concerts. Just recently they were part of a big Gospel Show organised by MTC, one



of the main cellular providers in Namibia. The theme of the Show was "Hope". Mr Ekandjo of MTC commented:

"COVID-19 has affected us all in different ways. Some have lost relatives, friends, jobs or suffered salary cuts and some have lost hope. With this concept, we are saying we must never lose hope. As a nation, the challenges that we face shall come to pass too."

The choir was also asked to work together on what will be the first Namibian opera. It is a large production, sponsored by a German organisation called Momentbuhne. We are excited about seeing these different doors open for us and about the growth which we see in the choir.

## KAT CPTU 202A

## Young and Pregnant

Beautiful Kidz NAMIBIA

We presented classes to pregnant ladies on different topics, such as healthy pregnancy, giving birth, and breastfeeding. We also discuss Biblical topics related to pregnancy and children. This year we were able to run two groups with twenty-four participants in total. The programme ends with a baby shower for all.

The ladies who complete the class receive a baby box after giving birth. We partner with a foundation in Holland called Mommaluv, which works with pregnant ladies in The Netherlands who would like to give something to pregnant ladies in Namibia. The foundation connects pregnant Dutch ladies with

Namibian pregnant ladies whose due dates are around the same time. Donations are collected for the pregnant Namibian women attending our classes. These donations ensure that the ladies in Namibia also have a good start after giving birth. The funds are used to purchase items for the baby boxes. Things in the boxes include: maternity pads, breast pads, washable diapers, baby clothes, soap for baby and mother, Vaseline, baby powder, a bath towel, baby bath and more.

## Soccer

For many years now Beautiful Kidz has had a boys' soccer team. This year, we also started a girls' soccer team as many girls from our youth showed an interest in soccer. We are happy we could start this new team. We have been training with them and once they are ready, we also plan to take part in a competition with other girls.

We were able to partner with Sjividi Secondary School, which is just a few streets away from our community Centre in Katutura. We could make use of their soccer field and in return we would be responsible for the field's maintenance. The field was in a very bad state, but after putting in a lot of effort, together with the youth and staff, it looks great now. Another blessing which helped us was a German soccer team called S.C. Hainberg which donated shirts, soccer boots and hand gloves to the Beautiful Kidz soccer teams. We hope that we can soon play matches again!



Cycling

Our cycling team worked hard preparing for the event of the year: the Nedbank Desert Dash! It is a twenty-fourhour, 393 km, mountain-bike challenge, crossing the world's oldest desert (the Namib). It is a tough challenge and great experience for our cyclists. The Dash took place December and the Beautiful Kidz team did very well.

We also started a BMX team for the younger children. Recently they participated in two tournaments. We currently have 5 children who are part of the team. At the second event, 4 of the 5 children brought home a medal! We aim to continue this programme in 2022.

KATUPPUR 202

# Mission Statement

Beautiful Kidz provides emotional, spiritual, physical and educational care to children in need and their families

# Vision Statement

Providing care and support to needy children and their families

## Thank you!

As an organisation we realise that we are totally dependent on those people who have come along side us and partnered with us to be able to accomplish everything we were able to do this past year. With this in mind, we would like to thank our faithful donors, our hardworking staff and leaders and last, but not least, our Board of Directors for their part they played in helping us to reach so many children in need. Then there are the volunteers helping at the Centre and those giving gifts and others who prayed for the

work. Thank you each one!



Alexander Forbes Financial	Leojo Chemicals
Services	Mr. U. Diekman
Stadtmission Church	Mrs. Nel
Nedbank Namibia	Minette van der E
NinetyOne	Dr. M. Steytler
Otjiruze Children Fund	Letshego Bank
Smartmove	Beautiful Kidz in t
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#### Beautiful Kidz NAMIBIA

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#### **BANK DETAILS**

Beautiful Kidz Namibia Bank Windhoek ACCOUNT NUMBER 8001077880 BRANCH NUMBER 483-872 SWIFT CODE BWLINANX